Conclusions. The study showed that *H. pylori* infection is associated with the development of autoimmune thyroiditis. These data should be taken in account for the etiological search of pathology and the choice of tactics of treatment of patients with autoimmune thyroiditis.

References:

years, the age of the examined people was 36-56 years. To solve the tasks, the following research methods were used: clinical and anamnestic, clinical-psychopathological, psychodiagnostic (the Spilberger-Hanin Reactive Anxiety Scale, Zung Anxiety Self-Assessment Scale, Hamilton Hospital Anxiety and Depression Scale, Psychopathological symptomatology severity questionnaire (Symptom Check List-90-Revised - SLC-90-R)), methods of mathematical statistics.

Results and discussions. Psychosocial risk factors that contribute to the development of anxiety-depressive disorders in people displaced from the zone of military actions have been identified. One of the most significant factors is mental deprivation and continued social maladaptation due to dissatisfaction with the changing living conditions.

According to a clinical and psychopathological study of these individuals, mental disorders such as depression, decreased mood, anhedonia, increased anxiety, a tendency to unmotivated fears, and low self-esteem are most characteristic. Sometimes fears of these examined people become more specific: the fear of loneliness, impending danger, death, etc. In some cases, the feeling of impending danger can be significantly expressed and be accompanied by heart palpitations, shortness of breath, sweating, cold extremities, impaired perception of one’s own body. In some of the examined, hypochondriacal experiences and senestopathic disorders were noticed. Against this background, increased attention to the functions of his body is developed and accompanied by an incorrect interpretation of the sensations that have arisen.

Conclusions. In the formation of anxiety-depressive disorders in the studied population, the tendency to affective behavior disorders, persistent emotional disturbances, and disorders of the autonomic nervous system, caused by protective psychological mechanisms determined by protracted adaptation to changing environmental conditions, are characteristic.

Based on the data of a clinical examination of people displaced from the zone of military actions, a widespread prevalence of mental disorders of the non-psychotic register was revealed, in the clinical structure of which anxiety-depressive disorders take the leading place.

References: